



Sylvia Kurpanek

Founder of the Palo Alto Institute for Systemic Coaching
Educational Background

Academic Training

LAWYER (Law degree from the Universities Würzburg and Passau, Germany and Pavia, Italy;
2nd State Exam at Higher Regional Court Munich, Germany).

ORGANIZATIONAL PSYCHOLOGIST (Master Degree in Industrial and Organizational Psychology from the University of Hagen, Germany).

Mediation

MEDIATOR (Degree in Mediation from the University of Hagen, Germany. Practical training with Adrian Schweizer, Ed Watzke, Josef Duss-von Werdt, Hans Schwartz)

Coaching

CERTIFIED SYSTEMIC COACH at Metaforum International.

INTERCULTURAL COACH AND TRAINER (Degree in Intercultural Training and Coaching from the University of Jena, Germany).

NLP

NLP MASTER PRACTITIONER with Robert Dilts, Judith De Lozier and Suzi Smith at NLP University, Santa Cruz, California.

Advanced Mastery Classes in NLP with Steve Andreas, Nick Kemp, Andrew T. Austin at NLP Comprehensive, Boulder, CO.

Core Transformation with Tamara Andreas at NLP Comprehensive, Boulder, CO.

Reiss Motivation Profile®

REISS MOTIVATION PROFILE MASTER with Prof. Steven Reiss in West Palm Beach, FL and Monika Janzon, Mönchengladbach, Germany.

Systemic Concepts

Hypnosystemic Concepts for Coaching and Consulting with Gunther Schmidt at SySt Institut, Munich, Germany.

Systemic Organizational Development and Organizational Consulting according to Trigon and SySt® with Julia Andersch and Oliver Martin at Metaforum International.

Coaching with the Inner Team with Friedemann Schulz von Thun at Schulz von Thun Institut für Kommunikation, Hamburg, Germany.

Ego State Therapy with Woltemade Hartman at Intakkt, Krefeld, Germany

Solution Focus

Solution-Focused Coaching with Insa Sparrer, Louis Cauffman and Luc Isebaert at SySt Institut, Munich, Germany.

Solution-Focused Brief Therapy with Yvonne Dolan at University of Wisconsin Milwaukee.

Solution-Focused Business Professional Training with Mark McKergow at University of Wisconsin Milwaukee

Solution-Focused Crisis Intervention and Psychotraumatology with Hélène Dellucci at SySt Institut, Munich, Germany.

Hypnotherapy

Ericksonian Approaches to Brief Hypnotic Psychotherapy with Brent Geary and Jeff Zeig at the Milton Erickson Foundation, Phoenix, AZ.

Mental Strengths - Mental Training for (Peak) Performance with Ortwin Meiss at Metaforum International.

Core Competencies of Hypnotherapy und Age Regression Techniques with Dr. Henning Alberts at Metaforum International.

Trance und Hypnotic Processes in Groups with Dr. Henning Alberts and Tom Andreas at Metaforum International.

Self-Relations Work and Hypnosis Supervision with Stephen Gilligan, Encinitas, California.

Hypnotherapy Supervision with Jeff Zeig, Phoenix, AZ.

Master Course Ericksonian Hypnosis with Jeff Zeig, Boston, MA

"Imaginative journeys through the body" with Sabine Fruth, Milton Erickson Gesellschaft Frankfurt, Germany

EMDR, EP, Kinesiology

EMDR (Eye Movement Desensitization and Reprocessing) at EMDR Akademie, Pocking, Germany.

EMI (Eye Movement Integration) with Danie Beaulieu at Académie Impact, Montréal.

PEP I-III (Prozess- und Embodimentfokussierte Psychologie) with Michael Bohne, Hannover, Germany.

EFT (Emotional Freedom Technique) at SKE Schmidt, Berlin, Germany.

Fred Gallo's Energy Diagnostic and Treatment Methods (EDxTM)™ with Brigitte Michaelis at Metaforum International.

Touch for Health with Matthiew Thie, Aptos, California.

BSFF Be Set Free Fast with Larry Nims, Phoenix, Arizona

Certified Wingwave Coach and Trainer with Cora Besser-Siegmund at Besser-Siegmund Institut, Hamburg, Germany.

Constellation Work

Systemic Constellation of Structures (SySt®) with Matthias Varga von Kibéd and Insa Sparrer at SySt Institut, Munich, Germany.

SOCIAL PANORAMA CONSULTANT with Lucas Derks at Metaforum International.

Other Methods

Zürcher Ressourcen Modell (ZRM) with Regula Finsler, Zürich, Switzerland

The Art of Convincing with Laura Baxter at Metaforum International.

Provocative Coaching with Martina Schmidt-Tanger at Metaforum International.

Provocative Systemic Work with Noni Höfner and Charlotte Tracht at Metaforum International

The Work of Byron Katie with Ralf Giesen at Metaforum International.

Resilience training with Sebastian Mauritz at Metaforum International