



Sylvia Kurpanek

Palo Alto Institute for Systemic Coaching

Academic Degrees and Continuing Education

ACADEMIC DEGREES

J.D. from Universities of Würzburg and Passau, Germany and Pavia, Italy;
2nd State Exam at Higher Regional Court Munich, Germany (Equivalent to passing a bar exam).

M.Sc. in Industrial and Organizational Psychology from University of Hagen, Germany.

MEDIATION

MEDIATOR
Degree in Mediation from University of Hagen, Germany.

Mediation Training with Marvin L. Schwartz, San Mateo, CA.

COACHING

SYSTEMIC COACH
Metaforum International.

INTERCULTURAL COACH AND TRAINER
University of Jena, Germany.

NEURO LINGUISTIC PROGRAMMING

NLP MASTER PRACTITIONER
with Robert Dilts, Judith De Lozier and Suzi Smith at NLP University, Santa Cruz, CA.

NLP Advanced Mastery Training
with Steve Andreas, Nick Kemp, Andrew Austin at NLP Comprehensive, Boulder, CO.

Core Transformation Training
with Tamara Andreas at NLP Comprehensive, Boulder, CO.

REISS MOTIVATION PROFILE®

REISS MOTIVATION PROFILE MASTER
with Steven Reiss in West Palm Beach, FL and Monika Janzon, Mönchengladbach, Germany.

SYSTEMIC CONCEPTS

Hypnosystemic Concepts for Coaching and Consulting
with Gunther Schmidt at SySt Institut, Munich, Germany.

Systemic Organizational Development and Organizational Consulting as developed by Trigon and SySt®
with Julia Andersch and Oliver Martin at Metaforum International.

Coaching with the Internal Team
with Friedemann Schulz von Thun at Schulz von Thun Institut für Kommunikation, Hamburg, Germany.

Ego State Therapy
with Woltemade Hartman at Intakkt, Krefeld, Germany.

SOLUTION-FOCUSED BRIEF THERAPY AND COACHING

Solution-Focused Coaching
with Insa Sparrer, Louis Cauffman and Luc Isebaert at SySt Institut, Munich, Germany.

Solution-Focused Brief Therapy
with Yvonne Dolan at University of Wisconsin Milwaukee, WI.

Solution-Focused Business Professional Training
with Mark McKergow at University of Wisconsin Milwaukee, WI.

Solution-Focused Crisis Intervention and Psychotraumatology
with Hélène Dellucci at SySt Institut, Munich, Germany.

CONSTELLATIONS

SYSTEMIC CONSULTANT IN THE SySt® APPROACH (Systemic Constellations of Structures)
with Matthias Varga von Kibéd and Insa Sparrer at SySt Institut, Munich, Germany.

SOCIAL PANORAMA CONSULTANT
with Lucas Derks at Metaforum International.

HYPNOTHERAPY

Ericksonian Approaches to Brief Hypnotic Psychotherapy
with Brent Geary and Jeff Zeig at the Milton Erickson Foundation, Phoenix, AZ.

Hypnotherapy Master Course
with Jeff Zeig, Boston, MA.

Mental Strengths and Mental Training for (Peak) Performance
with Ortwin Meiss at Metaforum International.

Core Competencies of Hypnotherapy und Age Regression Techniques
with Henning Alberts at Metaforum International.

Trance und Hypnotic Processes in Groups
with Henning Alberts and Tom Andreas at Metaforum International.

Self-Relations Work and Hypnosis Supervision
with Stephen Gilligan, Encinitas, CA.

Imaginary Journeys through the Body
with Sabine Fruth, Milton Erickson Institut Kriftel, Germany.

EMDR, EMI

EMDR Training (Eye Movement Desensitization and Reprocessing)
EMDR Akademie, Pocking, Germany.

EMI (Eye Movement Integration) Level 1
with Danie Beaulieu, Académie Impact, Montréal, Canada.

KINESIOLOGY, ENERGY PSYCHOLOGY

PEP (Process and Embodiment-oriented Psychology) I-III
with Michael Bohne, Hannover, Germany.

EFT (Emotional Freedom Technique)
with Karin und Wolfgang Schmidt, Berlin, Germany.

Fred Gallo's EDxTM (Energy Diagnostic and Treatment Methods)
with Brigitte Michaelis, Metaforum International.

Touch for Health
with Matthew Thie, Aptos, CA.

BSFF Be Set Free Fast
with Larry Nims, Phoenix, AZ.

OTHER APPROACHES

Wingwave Coach and Trainer
with Cora Besser-Siegmund, Besser-Siegmund Institut, Hamburg, Germany.

Easy Weight® Trainer
with Cora Besser-Siegmund, Besser-Siegmund Institut, Hamburg, Germany.

ZRM (Zurich Ressource Model)
with Regula Finsler, Zurich, Switzerland.

Provocative Coaching
with Martina Schmidt-Tanger, Metaforum International.

Provocative Systemic Approaches
with Noni Höfner und Charlotte Cordes, Metaforum International.

The Work of Byron Katie
with Ralf Giesen, Metaforum International.

Resilience Training
with Sebastian Mauritz, Metaforum International.